Mountain Weather Forecast

South Grampian and Southeast Highlands

Including South and East Cairngorms National Park, Aberdeenshire and Angus Hills, Ben Vrackie, Ben Lawers, Loch Tay and Ochils
Forecast valid from 00:00 on Friday 31 Mar 2023 until 23:59 on Saturday 01 Apr 2023

Forecast Issued on Thursday 30 Mar 2023 at 16:01 by Met Office Aberdeen

Confidence: Generally high confidence over the coming days, but lower for extent of low cloud and mist on Friday.

Headline for Friday 31 Mar 2023: Cloudy and misty with a cool easterly breeze.

Mountain weather hazards on Friday 31 Mar 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
High Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Cloudy	Drizzle	Drizzle	Cloudy	Cloudy	Cloudy
Precipitation probability							
20%	20%	30%	60%	60%	40%	40%	40%

Forecast for Friday 31 Mar 2023

Weather: Dry with clear spells at first overnight but low cloud and misty conditions soon pushing in from the east, with some outbreaks of light rain or drizzle. Little change through the day.

Chance of cloud-free hill tops above 800m: 80% during the early hours, decreasing to 10-20% by around dawn.

Low Cloud and visibility: Low cloud pushing in from the east by dawn, with cloud base 500-700m in the west and 200-400m in the east. These misty conditions persisting throughout the day.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 31 Mar 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	9/13 SE	11/15 SE	13/18 E	13/17 E	12/17 E	12/16 E	10/15 E	11/15 E	10/15 E
900	7/11 SE	7/11 SE	8/13 E	10/14 E	11/16 E	10/15 E	10/14 E	10/14 E	9/14 E
600	3/6 SE	5/9 SE	4/8 E	6/10 E	9/14 E	9/14 E	8/14 E	8/13 E	7/12 E
300	3/5 NE	2/6 E	5/11 NE	7/12 E	9/16 E	8/15 E	8/15 E	7/14 E	7/12 E
Glen	3/4 NE	4/7 NE	5/11 NE	8/13 E	9/16 E	8/15 E	8/15 E	7/14 E	6/12 E

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	2/-1	2/-2	2/-3	2/-3	2/-3	1/-3	-0/-5	-2/-6	-2/-7
900	4/1	3/1	3/-0	3/-1	3/-1	3/-1	1/-3	0/-4	-1/-5
600	5/4	5/3	4/3	4/2	4/1	4/1	3/-1	2/-2	1/-2
300	6/5	5/4	5/4	6/4	6/3	6/3	4/1	3/0	3/0
Glen	6/5	5/4	6/4	6/4	6/4	6/3	5/2	4/1	4/1
Freezing Level*	1400m	1400m	1400m	1400m	1400m	1300m	1000m	800m	700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling much cooler than Thursday under the low cloud with very difficult navigation conditions.

Forecast for Saturday 01 Apr 2023
Weather: Low cloud persisting through Saturday but brightening up in the west into the afternoon and evening. Low cloud and patchy light rain or drizzle pushing in from the west late evening.

Maximum wind: Southeasterly 10-15 mph.

Chance of cloud-free hill tops above 800m: 20%, improving to 40% in the west into the afternoon. 30% across the region into the evening.

Low Cloud and visibility: Low cloud, base 500-700m, improving in the west later. Further low cloud pushing in from the west into the evening and visibility reducing to poor at times in rain or drizzle.

Temperature: **Glens:** Plus 4 rising to plus 8 Celsius.
At 800m: Zero rising to plus 2 Celsius.
Freezing level: 800-1000m at first, rising above summits later.

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